

SEPTEMBER 2018

IN THIS ISSUE

Twin Cedars



Community School

N e w s l e t t e r

Staff Professional Development

August 20th and 21st Twin Cedars' teachers and associates were joined by the Moulton-Udell teachers and associates to listen to a special speaker from Portland, Oregon. Ruth Herman-Wells shared a wealth of information in her workshop entitled, "Breakthrough Strategies to Teach and Counsel Troubled Student." Ruth is an author, speaker and director of Youth Change Professional Development Workshops. Ruth was listed one of the top 10 speakers on mental health issues and education in 2011. We were excited to have her with us at Twin Cedars for two days.

Dining at the Ritz

Dining at the Ritz" sounds delicious! This year at the elementary we are trying something new. Every few weeks, 2-3 students from each grade will have the opportunity to eat at special tables and receive special treats during the lunch hour. We hope to make it an unique dining experience that is just plain fun for all!

Second Step Curriculum

We have new curriculum at the elementary this year. The curriculum is called Second Step. The purpose of the curriculum is to systematically and comprehensively teach Social-Emotional Skills (SEL) to students in PK-6th.. Students will identify and practice managing emotions, name and utilize skills for learning (listening, focusing, etc) and understand and utilize coping strategies. These lessons will be taught during guidance or health and be practiced and reviewed often. The curriculum offers us plans for assemblies and daily announcements. It also provides the teachers and support staff with a common language to talk about Social-Emotional Skills.

FAST Screening

FAST Screening is scheduled for the week of October 1st. FAST assessments are given to students in K-6. The assessment is used by teachers as an early detection system for potential reading, math, or behavior issues. All students are screened 3x a year as mandated by the State of Iowa.

Other Misc. Information

.....At the end

It is the policy of the Twin Cedars Community School District not to discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact the district's Equity Coordinator, David Roby, High School Principal, 2204 Hwy G-71, Bussey, IA 50044, 641-944-5245, droby@twincedarscsd.org.

The elementary is in the process of creating a makerspace for all students and teachers. A makerspace is an area where students can create objects and experiment with building design. If you have any of the following items that you would like to donate, please send them to the elementary library.

Knex
Legos
Lincoln Logs
Building Block Toys
Fabric
Tissue Paper
Craft Sticks
Thank you in advance for helping us with this new adventure!

Music

The Music Department hosted its first band camp in at least 7 years! This past summer, students going into grades 7th, 8th, and 9th were invited to participate. We had 7 students participate: Noah Fee, Leo Freel, Drew Freel, Rachael Stoops, Katra Sterner, Kellie Stevenson, Abigayle Milledge.

Minutes of Meeting

Twin Cedars Board of Directors

**August 13, 2018
5:00 PM**

The regular meeting of the Twin Cedars Board of Directors was held on the above date.

President Kelly Carlson called the meeting to order at 5:00 PM. Directors Paul Haselhuhn, Steph Sterner, and Heather Dunkin were in attendance. Ashlee Carlson was absent.

A motion was made by Director Dunkin and supported by Director Haselhuhn to approve the agenda as presented. The motion carried unanimously.

A motion was made by Director Sterner and supported by Director Dunkin to approve the July 9, 2018, regular meeting minutes as presented. The motion carried unanimously.

Financial reports were reviewed and filed for audit.

A motion was made by Director Sterner and supported by Director Haselhuhn to approve the bills as presented. The motion carried unanimously.

Communications

Comments have been made about the new sign. There are a lot of things that could be communicated on this sign that haven't been. Mr. Roby said that a couple of other employees will be learning how to use the system for the sign. A board member had been asked about activity cards for students. Community members had some questions about Homecoming and why some activities no longer happen and how the school could get more involvement from the community.

Administration Reports

Mrs. Roby said the Jr. High summer school is complete and the elementary summer school will be finishing up this week. She also passed out the Professional Development Goals for 2018-19.

Mr. Roby had his Student Handbook updates. No major changes just a small change to the Credit Recovery section, the tardy policy and the pet policy. There was also an update to the Visitor policy due to the new security system.

Mr. VanderSluis shared the number of students in each grade at the elementary as is known today. He shared that he was having some research done about district insurance for full-time employees. He will have more information next week on this. He said that the district had received a \$27,000 e-rate rebate on the wireless connectivity system.

New Business

Summer project update – the softball lights have been ordered and the dirt work will be worked on this week. They are wanting to seed in September. There was discussion whether anything else needed to be considered at the softball field that needs done while the other work is being done. All district cameras will be upgraded with cameras with better resolution.

The board discussed the legislative priorities for the 2019 session. Mr. VanderSluis will share the top votes for this year.

Board policies reviews for the Series 900 took place. There were 2 new policies that need to be added.

Action Items

A motion was made by Director Dunkin and supported by Director Sterner to approve the resignation of Daniel Ginger as a teacher for the 2018-19 school year. The motion carried unanimously.

A motion was made by Director Dunkin and supported by Director Haselhuhn to approve a contract for Martin Duffy as a Teacher for the 2018-19 school year @ \$34,245 BA + 12 Step 5. The motion carried unanimously.

A motion was made by Director Haselhuhn and supported by Director Sterner to hire Brad Hammann as a Bus Driver for the 2018-19 school year @ \$20.00 per hour. The motion carried unanimously.

A motion was made by Director Sterner and supported by Director Dunkin to approve the Elementary and Jr/Sr High Student Handbooks as presented. The motion carried unanimously.

A motion was made by Director Dunkin and supported by Director Haselhuhn to approve the first reading of Policy 901 and 903.3. The motion carried unanimously.

A motion was made by Director Haselhuhn and supported by Director Sterner to approve the remaining 900 series policies. The motion carried unanimously.

Announcements

The next board meeting will be Monday, September 10th at 5:00.

Adjourn

A motion was made by Director Dunkin and supported by Director Haselhuhn to adjourn the meeting at 7:30 PM. The motion carried unanimously.

September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
	CrossCountry:VarsityInvitationalsvsAlbia(Away)		2:15 PM Early Dismissal	5:30 PM Volleyball: Girls Varsity Match vs Meskwaki (Home)	7:00 PM Football: Varsity Game vs Seymour (Home)	
2	3	4	5	6	7	8
Labor Day NO SCHOOL		CrossCountry:VarsityInvitationalsvsGrinnell(Away) 5:30 PM Volleyball: Girls Varsity Match vs Seymour Community Schools (Away) 6:30 PM Football: JV Game vs Tri-County (Home)	2:15 PM Early Dismissal	4:30 PM Football: JH Game vs Tri-County (Away) 5:30 PM Volleyball: Girls Varsity Match vs Moravia Community Schools (Home)	7:00 PM Football: Varsity Game vs Colo-NESCO (Away)	9:00 AM Volleyball: Girls Varsity Tournament vs Ankeny Christian Academy, Murray Community, Pleasantville (Home)
9	10	11	12	13	14	15
4:30 PM Football: JH Game vs Melcher-Dallas Community Schools (Away) 6:00 PM Football: JV Game vs Melcher-Dallas Community Schools (Away)		CrossCountry:VarsityMeetsvsOskaloosa(Away)	2:15 PM Early Dismissal	CrossCountry:VarsityMeetsvsLynnville-Sully(Away) 5:30 PM Volleyball: Girls Varsity Match vs Iowa Christian Academy (Home)	Homecoming 7:00 PM Football: Varsity Game vs Meskwaki (Home)	
16	17	18	19	20	21	22
CrossCountry:VarsityInvitationalsvsSotominturnCSD(Away) 4:30 PM Football: JH Game vs Seymour Community Schools (Home) 5:30 PM Volleyball: Girls Varsity Match vs Melcher-Dallas Community Schools, Orient-Macksburg Community Schools, Twin Cedars Community Schools (Away) 11:00 PM Junior Class Magazine Sales		5:30 PM Volleyball: Girls Varsity Triangular vs Ankeny Christian Academy, Moulton-Udell, Twin Cedars Community Schools (Away)	Mid-Term 2:15 PM Early Dismissal	CrossCountry:VarsityInvitationalsvsCommunitySchools(Away) 8:00 AM School Pictures 6:15 PM Volleyball: Girls Varsity Match vs Moulton-Udell Community Schools (Away)	7:00 PM Football: Varsity Game vs Melcher-Dallas (Away)	
23	24	25	26	27	28	29
4:30 PM Football: JH Game vs Mormon Trail Community Schools (Away) 6:00 PM Volleyball: Girls Varsity Meet vs Eddyville-Blakesburg (Home)		5:30 PM Volleyball: Girls Varsity Triangular vs Diagonal Community Schools, Iowa Christian Academy, Twin Cedars Community Schools (Away)	NO SCHOOL - In-Service	4:30 PM Cross Country: Varsity Invitational vs Chariton (Away) 6:15 PM Volleyball: Girls Varsity Match vs Melcher-Dallas Community Schools (Home)	7:00 PM Football: Varsity Game vs Baxter (Home)	
30	1	2	3	4	5	6
5:30 PM Volleyball: Girls Varsity Match vs Albia (Away)	4:30 PM Cross Country: Varsity Meet vs Centerville (Away)		2:15 PM Early Dismissal	7:00 PM Volleyball: Girls Varsity Match vs Chariton (Away)	7:00 PM Football: Varsity Game vs Gladbrook-Reinbeck (Away)	UNI Band Day

October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 5:30 PM Volleyball: Girls Varsity Match vs Albia (Away)	2 4:30 PM Cross Country: Varsity Meet vs Centerville (Away)	3 2:15 PM Early Dismissal	4 7:00 PM Volleyball: Girls Varsity Match vs Chariton (Away)	5 7:00 PM Football: Varsity Game vs Gladbrook-Reinbeck (Away)	6 UNI Band Day
7	8 Columbus Day (regional holiday) 1:00 PM Jostens Senior Meeting 1:30 PM Jostens Sophomore Meeting 4:30 PM Football: JH Game vs Murray Community (Home) 6:00 PM Football: JV Game vs Murray Community (Home)	9 8:00 AM School Picture Retakes	10 2:15 PM Early Dismissal	11 CrossCountryVarsityInvitationalsMountAyr(Away)	12 12:30 PM Jostens Sophomore Class Ring Order Day 12:30 PM Jostens Senior Announcement/C&G Order Day 12:30 PM Jostens Senior Announcement/C&G Order Day 7:00 PM Football: Varsity Game vs Collins-Maxwell (Away)	13
14	15	16	17 2:15 PM Early Dismissal	18	19 7:00 PM Football: Varsity Game vs AGWSR (Home)	20
21	22 End of 1st Quarter 4:30 PM Football: JH Game vs Moravia Community Schools (Away)	23 Bluegrass Choir Festival	24 2:15 PM Early Dismissal	25	26	27
28	29 Elementary Book Fair 3:00 PM Parent-Teacher Conferences	30 Elementary Book Fair	31 Elementary Book Fair Halloween 2:15 PM Early Dismissal	1 Elementary Book Fair 3:00 PM Parent-Teacher Conferences	2 NO SCHOOL	3

TC Little Sabers
Elementary
Breakfast

**What is a
librarian's
favorite
vegetable?**

Quiet Peas

All breakfast served with fruit &/or juice cup and choice of 1% white, fat free chocolate or fat free skim milk.

What am I?

I'm a leafy green vegetable that comes in different colors... including red! You most likely eat me in a salad or on a sandwich next to a slice of tomato.


Leaf Lettuce

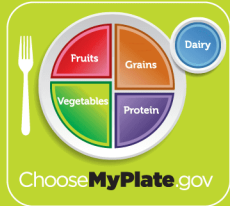
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August/September
2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Welcome Back Sabers!!		Get a good night's sleep for the 1 st Day of School!!!	August 23 Frozen go-gurt w/animal crackers Or Cereal bowl	24 Mini donuts Or Cereal bowl
27 Choice of muffin Or Cereal bowl	28 Breakfast sausage pizza Or Cereal bowl	29 French toast sticks Or Cereal bowl	30 Egg & cheese omelet Or Cereal bowl	31 Mini donuts Or Cereal bowl
September 3 No School Labor Day	4 Cinnamon roll Or Cereal bowl	5 Breakfast wrap Or Cereal bowl	6 Breakfast boat Or Cereal bowl	7 Mini donuts Or Cereal bowl
10 Choice of muffin Or Cereal bowl	11 Pancakes & bacon Or Cereal bowl	12 Sausage & cheese biscuit Or Cereal bowl	13 Nurti Grain bar Or Cereal bowl	14 Mini donuts Or Cereal bowl
17 Pop-Tarts Or Cereal bowl	18 Yogurt cup w/granola Or Cereal bowl	19 Bacon & egg breakfast pizza Or Cereal bowl	20 Mini waffles Or Cereal bowl	21 Mini donuts Or Cereal bowl



Make your own flavored water at home. Just add some sliced up fruit or vegetables and chill. Try cucumber or mint for a refreshing beverage!



TC Little Sabers Elementary Lunch



August/September 2018



What is a librarian's favorite vegetable?

Quiet Peas

*2nd & 3rd Main Dish Daily
Options: Uncrustable or
yogurt w/granola
**All lunch served with choice
of 1% white, fat free skim
chocolate or fat free skim
strawberry milk.
***Garden bar is an "extra"
and does not count as one of
the daily fruit or vegetable
options.

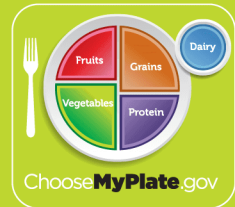
What am I?

I'm a leafy green vegetable
that comes in different
colors... including red! You
most likely eat me in a
salad or on a sandwich
next to a slice of tomato.

Leaf Lettuce

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Make sure yo have 3 items on your tray.	One of those choices MUST be a fruit or veggie.	August 23 Corn dog, Steamed green beans, cauliflower & peaches	24 Popcorn shrimp Steamed corn Fresh carrots Grapes
27 Crispito w/cheese sauce, Brown rice, Fresh broccoli, Red peppers, pears	28 Hot dog Fries Fresh cauliflower Peaches	29 Chicken nuggets, Mashed potatoes w/gravy, Steamed green beans Apples	30 Spaghetti w/meat sauce Bread stick, Romaine/spinach salad Fresh carrots Pineapple	31 Garlic/cheese French bread pizza Marinara sauce Steamed corn Baked beans Oranges
September 3 No School Labor Day	4 Super nachos Tator tots Refried beans Peaches	5 Chili w/crackers Cinnamon roll Fresh carrots Applesauce	6 Cereal bowl Little smokies Breakfast potatoes Fresh cucumbers Side kick	7 Macaroni & cheese Romaine/spinach salad, Fresh cauliflower Strawberries Animal crackers
10 Chicken quesadillas Brown rice Baked beans Lettuce salad Apples	11 Sloppy joes Fries Fresh cucumbers Banana	12 Chicken strip wrap Lettuce, cheese cup, red peppers, fresh broccoli, pears	13 Turkey slice Mashed potatoes w/gravy Muffin Fresh carrots Kiwi	14 Pepperoni pizza, Lettuce salad, Steamed corn, Mandarin oranges w/pineapple Ice cream bar
17 Bbq rib sandwich Fresh celery w/sun butter cup Fresh cauliflower Warm cinnamon apples	18 Popcorn chicken Fresh carrots Steamed peas Mixed fruit	19 Beef burgers Fries Baked beans Apples	20 Chicken & noodles Mashed potatoes Steamed green beans Oranges Hot roll	21 Sausage patties Cottage cheese Waffles Hash brown Fresh broccoli Juice cup



Make your
own flavored
water at
home. Just
add some
sliced up fruit
or vegetables
and chill. Try
cucumber or
mint for a
refreshing
beverage!



TC Sabers High School



August/September 2018



Breakfast

**What is a
librarian's
favorite
vegetable?**

Quiet Peas

All breakfast served with fruit &/or juice cup and choice of 1% white, fat free skim chocolate or fat free skim strawberry milk.

Other daily main options: Cereal bowl, Pop-Tarts, or yogurt cup w/granola

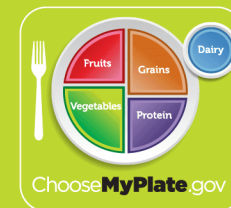
What am I?

I'm a leafy green vegetable that comes in different colors... including red! You most likely eat me in a salad or on a sandwich next to a slice of tomato.

Leaf Lettuce

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Welcome Back Sabers!!		Get a good night's sleep for the 1 st Day of School!!!	August 23 Frozen go-gurt w/animal crackers	24 Mini donuts
27 Choice of muffin	28 Breakfast sausage pizza	29 French toast sticks	30 Egg & cheese omelet	31 Mini donuts
September 3 No School Labor Day	4 Cinnamon roll	5 Breakfast wrap	6 Breakfast boat	7 Mini donuts
10 Choice of muffin	11 Pancakes & bacon	12 Sausage & cheese biscuit	13 Nurti Grain bar	14 Mini donuts
17 Pop-Tarts	18 Yogurt cup w/granola	19 Bacon & egg breakfast pizza	20 Mini waffles	21 Mini donuts



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Make your own flavored water at home. Just add some sliced up fruit or vegetables and chill. Try cucumber or mint for a refreshing beverage!



TC Sabers High School Lunch

What is a librarian's favorite vegetable?

Quiet Peas

*3rd, 4th & 5th Main dish Daily Options: Turkey sub, Yogurt w/granola or Salad Bar.
 **All lunch served with choice of 1% white, fat free skim chocolate or fat free skim strawberry milk.
 ***Garden bar is an "extra" and does not count as one of the daily fruit or vegetable options.
 ****Offered daily a 9-12 fruit an on occasion a side lettuce salad.

What am I?

I'm a leafy green vegetable that comes in different colors... including red! You most likely eat me in a salad or on a sandwich next to a slice of tomato.

Leaf Lettuce

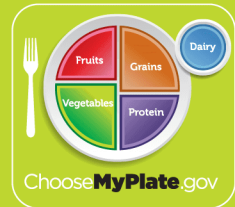
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August/September 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Make sure you have 3 items on your tray.	One of those choices MUST be a fruit or veggie.	August 23 Corn dog or Popcorn chicken w/graham crackers, Steamed green beans, Cauliflower Peaches	24 Popcorn shrimp or Grilled cheese Steamed corn, Fresh carrots, Grapes, String cheese (9-12)
27 Crispito w/cheese sauce or Chicken nachos, Brown rice, Fresh broccoli, Red peppers, Pears	28 Hot dog or Stuffed crust pizza Fries, Fresh cauliflower, Peaches	29 Chicken nuggets or Crunchy Hawaiian wrap Mashed potatoes w/gravy Steamed green beans, Apples	30 Spaghetti /meat sauce & breadstick or Pancakes w/sausages Romaine/spinach salad, Fresh carrots, Pineapple String cheese (9-12)	31 Garlic/cheese French bread pizza/marinara sauce or Deli ham/cheese sand. Steamed corn, Baked beans Oranges
September 3 No School Labor Day	4 Super nachos or Mozz cheese sticks Tator tots, Refried beans Peaches	5 Chili w/crackers & cinnamon roll or Breaded taco bowl Fresh carrots Applesauce	6 BEC biscuit w/cottage cheese or Cheeseburger Breakfast potatoes, Fresh cucumbers Side kick	7 Macaroni & cheese or Crispito w/rice & cheese stick, Romaine spinach salad Fresh cauliflower Strawberries Animal crackers
10 Chicken quesadillas or Pretzel-cheese Bosco stick w/cottage cheese Brown rice, Baked beans, Lettuce salad, Apples	11 Sloppy Joes or Chicken/cheese burrito Fries, Fresh cucumbers Banana	12 Chicken strip wrap or Chicken egg roll Lettuce, cheese cup, Red peppers, Fresh broccoli, Pears, Goldfish crackers (9-12)	13 Turkey slice or Popcorn chicken w/graham crackers, Mashed potatoes w/gravy, Muffin, Fresh carrots, Kiwi	14 Pepperoni pizza or Grilled cheese, Lettuce, Steamed corn Mand oranges w/ pineapple Ice cream bar
17 Bbq rib sand or Chicken nachos, Fresh celery/sun butter cup, Fresh cauli Warm cinnamon apples	18 Popcorn chicken w/rice or Stuffed crust pizza Fresh carrots Steamed peas Mixed fruit	19 Beef burger or Crunchy Hawaiian wrap Fries Baked beans Apples	20 Chicken & noodles or Pancakes w/sausages Mashed potatoes Steamed green beans, Oranges Hot roll	21 Sausage patties or Deli ham/cheese sand Cottage cheese Waffles Hash brown Fresh broccoli Juice cup



Make your own flavored water at home. Just add some sliced up fruit or vegetables and chill. Try cucumber or mint for a refreshing beverage!

